

## ***NEPTUNE SEXTILE NATAL ASCENDANT***

When Transiting Neptune is sextile your natal Ascendant, it is also making a trine to your natal Descendant. This suggests that there are opportunities for self-examination which can bring about major changes to how you represent yourself. At the same time, it can bring about opportunities and likely easy flow when it comes to relationships that are an important part of your life, especially your partner and any business partnership that you currently have.

The transformations that are taking hold with these important people will be quite favorable, partly because you now can bring to the surface anything that has been hidden or has not been seen clearly in the past. You are more open to hidden agendas, and your intuition is heightened. You can now deal more openly because you instinctively understand things on a clearer level. You are also much more sensitive to what others are feeling and can trust the voice within for guidance, for helping others and yourself because you want to nurture.

The changes that can now surface, especially with the way you represent yourself, may go through a metamorphosis by examining any deep-seated feelings about yourself. You can let kindness begin to surface and you are more caring and sensitive to life's situations. You can interact with more compassion and selfless service for others, especially for the underdog.

The psychic realms and spiritual awareness now become more evident. You can become more involved in these areas, and under this aspect, many do. The door is now open to such avenues.

Because the Ascendant plays a big role in health, this is the time to take greater care of your body. Exercise and proper eating habits should be practiced. Under this aspect, it is the time to make changes to your body if your body requires healthy changes. Looking after yourself might come more easily.

Anything in life that appears to be threatening in any manner should now be avoided, as you are more receptive.

Be gentle with yourself, don't overwork your body and treat it as a valued friend that you want beside you for a long time.

Transiting Neptune sextile natal Ascendant brings about self-examination and then self-care. Listen to your instincts and embrace the kinder more compassionate you.